# PNR200 : MENTAL HEALTH NURSING

This course introduces the student to the use of self within the context of relationships to promote and maximize the health and wellness of clients in diverse settings. The student will explore foundational concepts of mental health such as stress, coping, developmental stage risks, anxiety, depression, common psychiatric disorders, and the interaction between physical and mental health. Emphasis is placed on communication and teaching–learning processes.

| | |
|---|---|
| **Quarter Credits** | **5** |
| **Clock Hours** | **66** |
| **Lab Hours** | **32** |
| **Lecture Hours** | **34** |
| **Prerequisites** | **PNR104** |